

Sonopant Dandekar Shikshan Mandal's
**Sonopant Dandekar Arts, V.S. Apte Commerce
And M.H. Mehta Science College, Palghar**



INSTITUTIONAL VALUES AND BEST PRACTICES

2021-2022



1. Title of the Practice –

“Reconnecting the Lost World of Education and Social Creativity”

2. Objectives of the Practice –

The link between education and social creativity was stronger prior to pandemic but has weakened over time, due to sudden radical changes, economic pressures and societal influences of living in filters amongst the Gen Z. The goal is to re-establish and strengthen this connection.

3. The Context –

Isolation, anxiety, and uncertainty during lockdowns, excessive dependence on technology has all affected the face-to-face communication and social skills of the learners. Their life has been confined to social media and “Filters”. Through this collaborative effort the institute it ensures fostering adaptability, digital literacy and not dependence, and resilience to prepare them for the evolving challenges and opportunities in the future.

4. The Practice –

With the collaborative efforts of all the stakeholders following attempts were made

- a. Excess Budget was sanctioned for involving learners into cultural activities, sports, fine arts and folk culture with aim to allow these learners express themselves in any form and develop team spirit. The total amount spend on these activities was around Rs. 250000/-.
- b. Focus on Social and Emotional Learning: Teacher and even Parents were made aware of need for social and emotional learning amongst learners through training programs and seminars. Activities fostering critical thinking and social interaction were organized.
- c. The institute partnered with other educational institutions, businesses, and social organizations to create collaborative initiatives that addressed societal challenges and promote social creativity.

5. Evidence of Success: –

- a. The total number of participants in various cultural activities were 27.
- b. The learners now improved on their social and emotional learning based on their feedbacks from parents, counsellors and teachers. The participation in classroom activities had improved.

6. Problems Encountered and Resources Required:

- a. Reluctance from learners was high, the participation in the initial phases was quite low.
- b. The COVID 19 protocols laid certain restrictions while organizing events.

Photographs –

Students Practicing & Reconnecting with the Art of Making Rangoli.



Rangoli & Sketches Drawn by the Students.



Students Practicing & Reconnecting with the Art of Mehendi.



Sketches & Paintings Drawn by the Students.



Students Practicing Yogasana to Reduces the Stress



1. Title of the Practice –

“Empowering Menstrual Health in Tribal Areas: Breaking Taboos and Strengthening Systems – A Step towards Sustainable Development Goal 3”

2. Objectives of the Practice –

The goal is to strengthen Menstrual healthcare System in tribal areas to effectively respond to health challenges and emergencies.

3. The Context –

The key challenges to be addressed are :

- a. To dispel myths and promote healthy menstrual practices.
- b. Address the issues of improper disposal of sanitary pads.
- c. Break cultural taboos and stigmatization surrounding menstruation, leading to the isolation of women and girls during their periods by organizing skits and street plays

4. The Practice –

- a. Sanitary Pad Vending machines and dispensers were distributed in the tribal areas of Jawahar, Mokada, Boisar, Palghar sponsored by Shree Hindu Mission.
- b. Street plays, Poster making competitions, Jingles etc were prepared by the students to help break the cultural taboos.
- c. Data was collected through interviews and surveys gauging the knowledge of tribal boys and girls with regards to menstrual health and hygiene practices.

5. Evidence of Success: –

- a. In total 50 machines were distributed and at time of distribution, information leaflets in local language were distributed along with small videos to create mass awareness in the tribal areas.

b. The Data so collected is handed over to NGO's working in these areas, as well as the program officers of National Social Service Scheme.

6. Problems Encountered and Resources Required –

1. The financial support from various organization was to required.
2. Approaching tribal people to speak on Menstrual hygiene was difficult.