

Sonopant Dandekar Shikshan Mandali's

**SONOPANT DANDEKAR ARTS, V.S. APTE COMMERCE AND  
M.H. MEHTA SCIENCE COLLEGE, PALGHAR**

## **7.1 - Institutional Values and Social Responsibilities**

### **7.1.1 - Measures initiated by the Institution for the promotion of gender equity during the year**

**Academic Year 2021-2022**





**Sonopant Dandekar Shikshan Mandali's**  
**Sonopant Dandekar Arts,**  
**V. S. Apte Commerce &**  
**M. H. Mehta Science College, Palghar**

Estb.: 14 August 1968

Dr. Kiran Save, Principal

Kharekuran Road, Palghar (W), Tal. & Dist. Palghar,  
Maharashtra - 401 404, INDIA  
Tel. : +91 - 2525 - 252163  
Principal : +91 - 2525 - 252317  
Email : [sdsmcollege@yahoo.com](mailto:sdsmcollege@yahoo.com)  
Web. : [www.sdsmcollege.com](http://www.sdsmcollege.com)

Ref No.:

Date :

## **Internal Quality Assurance Cell**

### **Mission of the College**

**“To Spread Of Higher Education in Rural and Tribal Youth and Specially the Women Folk.”**

### **Vision of the College**

**“To Provide Higher and Better Education to All.”**

### **Objectives of the College**

- Deliberate efforts to admit every eligible student and no student should be deprived of higher education.
- Emphasis on the development of integrated personality of the students to fit them in competitive world.
- To work for integrated rural development through students.
- To develop the concept of “TOMORROW” among the tribal folk through adult and non-formal education.
- To encourage teaching and non-teaching staff to pursue higher education.

The Institute strives to attain these objectives constantly through its various academic, curricular and extracurricular activities.

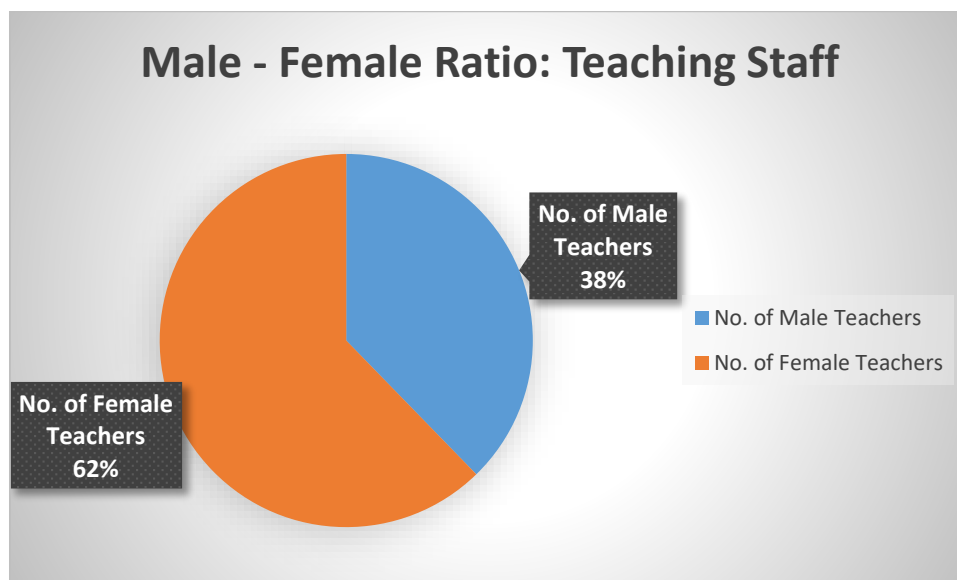
## Internal Quality Assurance Cell

### Gender-wise data of Teaching Academic Year 2021 – 22

Academic Year: 2021 – 22

#### Teaching Staff

No. of Male Teachers	No. of Female Teachers	Total	Male – Female Ratio
43	71	114	43:71



## Internal Quality Assurance Cell

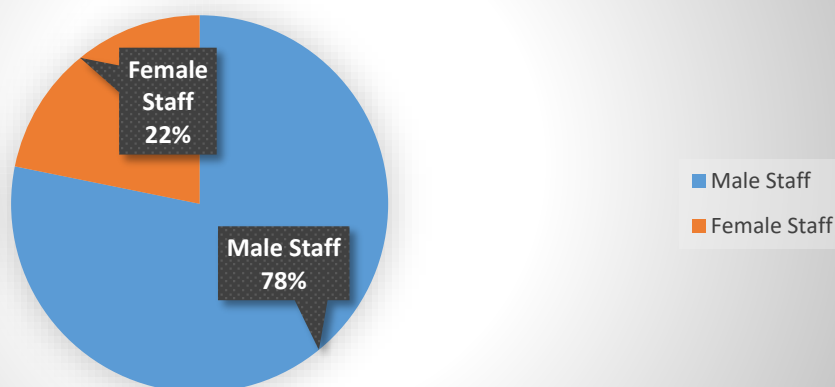
### Gender-wise data of Non – Teaching Academic Year 2021 – 22

Academic Year: 2021 – 22

#### Non – Teaching Staff

No. of Male Non – Teaching Staff	No. of Female Non – Teaching Staff	Total	Male – Female Ratio
86	24	110	43:12

#### Male - Female Ratio: Non - Teaching Staff



## WOMEN DEVELOPMENT CELL

### Objectives of Women's Development Cell:

- To emphasise the value of hygiene and good health.
- To clarify women's place in society.
- To create a multidisciplinary strategy for the development of the whole person.
- To plan seminars and workshops focused on the advancement of women.
- To protect female students and members of the College's teaching and non-teaching staff from sexual harassment and to advance their general well-being.
- To develop the self-confidence of Women.
- To guide about Women's Welfare Laws.

### Mission:

- To inspire female students to be economically and self-reliant.
- Raising students' understanding of women's social, legal, and constitutional rights in order to stop gender-based exploitation.
- Educating women about the various forms of violence—sexual, physical, and mental—and giving them the skills and determination to combat them.
- Spreading the word about the need of gender equality.
- Dismantling ingrained prejudice and discrimination against women.

### In context:

In order to create a gender-sensitive environment within the university, the University of Mumbai established the "University Women Development Cell (UWDC)" in 2001. The University also ordered the establishment of a "Women Development Cell" at the college level in each of its associated institutions. The Women Development Cell of Sonopant Dandekar College Palghar was created in 2001 under the capable leadership of Prof. Mrs. Velapure in accordance with these University directions.

The Cell seeks to establish a gender-sensitive community on campus and in the community at large. It includes both teaching faculty and non-teaching professors from the college.

For the advancement of women and to educate society about the value of gender equality and gender sensitivity, it has organised a variety of academic, cultural, and social activities.

The Department of WDC is located on the ground floor of the main building on the college premises. WDC should have its own notice board where it may put posters about gender equality and women's empowerment.

### Committee

Sr. No.	Name	Designation	Contact Number
1	Dr. Kiran Save (Principal)	President	8381012099
2	Mrs. Seema Deshmukh	Convener	9975238700
3	Mrs. Asmita Raut	Member	8329664079
4	Dr. Arundhati Barde	Member	9975230836
5	Dr. Yogesh Kulkarni	Member	9421951373
6	Smt. Amita Raut	Member	9823702015
7	Smt. Shaila Urade	Member-non-teachinh	8208757221
8	Ms. Snehal Pawar	Student Representative	7276189115

### Objectives of the Cell:-

1. To promote Gender Equality.
2. To envision an equal society and be fearless.
3. To create awareness on Gender Sensitization
4. To drive our students for meaningful careers.

The College has a Women Development Cell which is constituted as per the University of Mumbai Guidelines. The Women Development Cell functions accordingly and arranges programs for students and staff every year for creating sensitization on gender-related issues in consultation with the Internal Quality Assurance Cell (IQAC) of the college.



Mrs. Seema Deshmukh  
The Convener  
Women Development Cell  
Sonopant Dandekar College  
Dt: 05/01/2022

To  
The Principal  
Sonopant Dandekar College  
Palghar

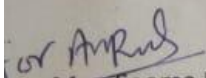
Sub: Request to approve proposal for conducting Film-Review competition.

Sir,

College Women Development Cell proposes to organize a Film-Review competition on women-oriented films. The Cell requires fund to give winners prizes they have received. Approximate expenditure for the program is Rs.5000. Kindly allow us to conduct the competition and sanction the said amount.

Thank you.

Yours Sincerely,

  
Mrs. Seema Deshmukh  
Convener WDC

Objectives of the competition:

1. To make students critically think about the theme, characters, ideology as presented in the movie.
2. To understand the current status of women as reflected in film as they are mirror to the society.
3. To make students develop proper style of writing necessary for review - writing.

Learning Outcomes:

At the end of the workshop girls should know

1. Current status of gender equality in the society
2. Reflect on their own self-realisation as a woman
3. Struggle of women towards achieving individuality





Sonopant Dandekar Shikshan Mandalis  
Sonopant Dandekar Arts, V. S. Apte Commerce  
And M. H. Mehata Science College, Palghar



Date – 08/01/2022

## NOTICE

### WOMEN DEVELOPMENT CELL

Women Development Cell has organized a Film-Review competition on women-oriented movies. Students are expected to write review of the film on the following movies in 1500 words. They are hereby informed to submit their articles to the committee members on and before 20<sup>th</sup> Jan 2022.

The movies selected for the competition are

1. Bandit Queen
2. Queen
3. English-Vinglish
4. Chandani Bar
5. Fashion
6. Damini

However, the list is not exhaustive, you can write on any women-oriented movies of your choice.

Convener WDC  
Mrs. Seema Deshmukh

Principal  
Dr. Kiran Save

## **Report of Film-Review Competition**

The competition was welcomed by girls students as they found films more interesting. Total 15 articles got finalized for the competition. Following students bagged the prizes

1. First Prize- Sammyk Khandagale
2. Second Prize-Snehal Pawar
3. Third Prize-- Kajal Singh
4. Consolation Prize- Krupa Mourya

This competition was supported and guided by Dr. Kiran J. Save (Principal), advised by Prof. Mahesh Deshmukh (IQAC Co-Ordinator & Vice Principal) and Dr. Tanaji Pol (Vice-Principal).

Mrs. Seema Deshmukh  
The Convener  
Women Development Cell  
Sonopant Dandekar College  
Dt: 27/02/2022

To  
The Principal  
Sonopant Dandekar College  
Palghar

Sub: Request to approve proposal for organizing a guest lecture.

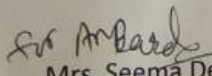
Sir,

College Women Development Cell proposes to organize a guest lecture on "Health and Nutrition for Healthy Mind and Body." To guide on topic, the Cell has invited medical practitioner Dr. Mrs. Savita Lade. As per my conversation with Dr. Mrs. Savita Lade the program is finalized on Saturday, 05/03/2022.

Approximate expenditure for the program is Rs.3000. Kindly allow us to conduct the program and sanction the said amount.

Thank you.

Yours Sincerely,

  
Mrs. Seema Deshmukh  
Convener WDC

Objectives of the Guest Talk:

1. To increase the nutrition knowledge and awareness of healthy habits
2. To make aware of negative impact of mobile on personal health
3. To make them change habits that contribute to poor health;
4. To provide correct information on the nutritional value of foods, food quality and safety

Learning Outcomes:

At the end of the talk women should know

1. About their nutrition problems and their willingness to change.
2. That health is wealth
3. Beauty is an extension of health



Sonopant Dandekar Shikshan Mandalis  
**Sonopant Dandekar Arts, V. S. Apte Commerce  
And M. H. Mehata Science College, Palghar**

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Date – 02/03/2022

**NOTICE**

**WOMEN DEVELOPMENT CELL**

Women Development Cell has organized a guest lecture on “Health and Nutrition for Healthy Mind and Body” by Dr. Savita Gade, a medical practitioner. The talk is arranged on 05<sup>th</sup> Mar 2022 on 10.30 a.m. at Ganesh Nilkanth Dandekar Seminar Hall, BMS Building. Girl students are hereby informed to present for the talk and avail its benefits.

*For Mrs. Seema*

Convener WDC  
Mrs. Seema Deshmukh

*Kiran*

Principal  
Dr. Kiran Save

Mrs. Seema Deshmukh  
The Convener  
Women Development Cell  
Sonopant Dandekar College  
Dt: 27/02/2022

To  
The Principal  
Sonopant Dandekar College  
Palghar

Sub: Request to approve proposal for organizing a guest lecture.

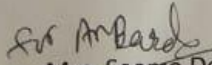
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Approximate expenditure for the program is Rs.3000. Kindly allow us to conduct the program and sanction the said amount.

Thank you.

Yours Sincerely,

  
Mrs. Seema Deshmukh  
Convener WDC



Sonopant Dandekar Shikshan Mandalis



**Sonopant Dandekar Arts, V. S. Apte Commerce  
And M. H. Mehata Science College, Palghar**

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Date – 05/03/2022

**Women Development Cell**

**Guest talkon “Health and Nutrition for Healthy Mind and Body.”**

**PROGRAMME SCHEDULE**

**Saturday, 05<sup>th</sup> Mar 2022**

<b>Time</b>	<b>Event</b>	<b>Faculty</b>
<b>11.00 am</b>	<b>Welcome</b>	<b>Mrs. Asmita Raut</b>
<b>11.35 am</b>	<b>Introduction</b>	<b>Mrs. Seema Deshmukh</b>
<b>11.40 am</b>	<b>Principal’s Guidance</b>	<b>Dr. Kiran Save</b>
<b>11.45 am</b>	<b>Introduction of Chief Guest</b>	<b>Dr. Yogesh Kulkarni</b>
<b>11.50 am</b>	<b>Chief Guest Address</b>	<b>Dr. Savita Lade</b>
<b>12.30 pm</b>	<b>Question and Answer Session</b>	
<b>12.35 pm</b>	<b>Votes of Thanks</b>	<b>Dr. Arundhati Barde</b>

**Report of Guest Lecture on “Health and Nutrition for Healthy Mind and Body.”**

Firstly, member of WDC Mrs. Asmita Raut welcomed the guest and the audience. Then Convener Mrs. Seema Deshmukh and briefly introduced the objectives of WDC the purpose of organising this talk. Later Dr. Yogesh Kulkarni introduced the chief guest and handed over the session to Dr. Savita. She began her talk by saying that health should of prime importance than anything else. She also stated that students in their college life neglect this fact. Later she talked about misconceptions of girl



students about diet and figure. She also attacked on the junk food which is found a craze among the youngsters. She further stated that nutrition should be coupled with physical exercises. The program was concluded with Vote of Thanks by Dr. Arundhati Barde.

This guest lecture was supported and guided by Dr. Kiran J. Save (Principal), advised by prof. Mahesh Deshmukh (IQAC Co-Ordinator&Vice Principal) and Dr. Tanaji Pol (Vice-Principal). The lecture was a great success with 120 participants.

**SONOPANT DANDEKAR ARTS, V.S. APTE COMMERCE  
AND M. H. MEHTA SCIENCE COLLEGE PALGHAR**

**WOMEN DEVELOPMENT CELL**

NAME OF THE EVENT: Guest Lec. on Health & Nutrition

NAME OF THE RESOURCE PERSON: Dr. Savita Grade

DATE 05/03/2022 TIME 10.30 to 12.30 VENUE BMS Seminar Hall

Sr. No.	Name of the student	Roll No	Sign
1	Priya Patadiya	1359	Priya
2	Swati Tiwari	37044	Swati
3	Sanju Harikant Raut	37027	Sanju
4	Manasi J. Gupta	70151	Manasi
5	Hiral Rakesh Dubla	37025	Hiral
6	Komal Dipak Dandekar	37028	Komal
7	Sunita Prasad	37024	Sunita
8	namrata Ramdas Chauhan	70090	namrata
9	ghala Ramdas yadav	1338	ghala
10	Nabshree P. Rindal	1325	Nabshree
11	Eesha D. Lade	1486	Eesha
12	Ratnika Pradip Raut	1379	Ratnika
13	Vibhuti Vijay Vanmali	1329	Vanmali
14	Bhumiika Nilesh patil	70024	Bhumiika
15	Suloni Narendra patil	1377	Suloni
16	Vaishnavi Kumbhar	1328	Vaishnavi
17	Harsha Bhavsar	1306	Harsha
18	Sakshi Kiran Ghosh	1312	Sakshi
19	Arpita Vilas kini	1327	Arpita
20	Anura Suresh Thakur	1393	Anura
21	Neha Karush	70075	Neha
22	Toru Shukla	37034	Toru
23	Nayana vinod Padvale	70067	Nayana
24	Sakina E. Khan	37042	Sakina
25	Rahat R. Zahedi	37043	Rahat
26	Neha Riga patil	1346	Neha
27	Ratnika P. Raut		Ratnika
28	Ayasha Thakur	1347	Ayasha
29	Apeksha Thakur	13461	Apeksha
30	Namira Amin Shaikh	547	Namira

*Amel*

**SONOPANT DANDEKAR ARTS, V.S. APTE COMMERCE  
AND M. H. MEHTA SCIENCE COLLEGE PALGHAR**

**WOMEN DEVELOPMENT CELL**

NAME OF THE EVENT: Guest lec on Health & Nutrition

NAME OF THE RESOURCE PERSON: Dr. Savita Grade

DATE 05/03/22 TIME 10.30 to 12.30 VENUE Seminars Hall, BMS Build

Sr. No.	Name of the student	Roll No	Sign
1	Tyoti Sevak Pawar	688	<i>[Signature]</i>
2	Anjali Mahendra Chavhan	80041	<i>[Signature]</i>
3	Pooja B. Bhagat	80209	<i>[Signature]</i>
4	Pooja Kharwar	80204	<i>[Signature]</i>
5	Haritkaur S. Karia	80175	<i>[Signature]</i>
6	Sajivani Dhodi	88029	<i>[Signature]</i>
7	Nishad Gajghar	80163	<i>[Signature]</i>
8	Jyotesh Dhadi	80127	<i>[Signature]</i>
9	Akshay Kuvare	1811	<i>[Signature]</i>
10	Swapnil Kadam	80169	<i>[Signature]</i>
11	Sangeeta Vasthakar	80199	<i>[Signature]</i>
12	Pooja Kisan Vavare	80215	<i>[Signature]</i>
13	Bhargati Ganesh Dhadi	80126	<i>[Signature]</i>
14	Punam Mahadev Vedge	1766	<i>[Signature]</i>
15	Akshay Barad	80128	A.R. Barad
16	Arshant Santosh Bhaskar	80124	A.R. Bhaskar
17	Siddhi Robin Pagdhare	80167	<i>[Signature]</i>
18	Anjali Pandey	10505	<i>[Signature]</i>
19	Prapti K. Chavhan	80160	<i>[Signature]</i>
20	Nimesh Jain	169	<i>[Signature]</i>
21	Gnehal Thakur	36086	S. Thakur
22	Nisha More	12008	<i>[Signature]</i>
23	Rohit Bhagat	1535	<i>[Signature]</i>
24	Vinaya Vijay Patil	1081	<i>[Signature]</i>
25	Bhandari S. Pallavi	36080	P. Bhandari
26	Satyam Chhatrapati	1083	<i>[Signature]</i>
27	Pratik Baring	External.	<i>[Signature]</i>
28	namira shukh	547	<i>[Signature]</i>
29	Nisha Patil	1697	<i>[Signature]</i>
30	Tejal Nilesh Bhoir	1648	<i>[Signature]</i>

*[Signature]*



**SONOPANT DANDEKAR ARTS, V.S. APTE COMMERCE  
AND M. H. MEHTA SCIENCE COLLEGE PALGHAR**

**WOMEN DEVELOPMENT CELL**

NAME OF THE EVENT: Guest Lecture on Health & Nutrition

NAME OF THE RESOURCE PERSON: Dr. Savita Gade

DATE 05/03/22 TIME 10.30 to 12.30 VENUE Seminar Hall, BMS Build.

Sr. No.	Name of the student	Roll No	Sign
1	Akash G. Tiwari	80039	Akash
2	Sachin Sharma	80042	Sachin
3	Ganind Rathod	80076	Rathod
4	Anuja Mascare	550	Anuja
5	Poojani Kadi	548	Poojani
6	Disha P. Patil	1697	Patil
7	Sushan P. Patil	80102	Patil
8	Sahil Rajendra Kudva	1455	Kudva
9	Tejra Madhukar Patil	1762	Patil
10	Karan Sanil Parmale	1837	Parmale
11	Tiyashu Rajesh Naik	80071	Naik
12	Suryant Vishnu Naik	80073	Naik
13	Manoj Sanjay Sonawane	1666	Sonawane
14	Mukund Sanjay Patil	1674	Patil
15	Gunita Gangaram Gaudale	38011	Gaudale
16	Trupti P. Raut	38028	Raut
17	Pratik P. Mali	80103	Mali
18	Rahul Yadav	1602	Yadav
19	Aarti Dhori	80214	Dhori
20	Rimlesh Yadav	80149	Yadav
21	Aditya Chaudhary	80148	Chaudhary
22	Aniket Sharma	80150	Sharma
23	Muskari Chauhan	80207	Chauhan
24	Aarti B. Khose	80188	Khose
25	Divya V. Pandey	38003	Pandey
26	Sahil Jhi	38038	Jhi
27	Srushti S. Pawade	80231	Pawade
28	Mamata K. Ravate	80198	Ravate
29	Karina K. Tokate	775	Tokate
30	Divya Lavesh Mohite	695	Mohite

*Amul*

Mrs. Seema Deshmukh  
The Convener  
Women Development Cell  
Sonopant Dandekar College  
Dt: 02/02/2022

To  
The Principal  
Sonopant Dandekar College  
Palghar

Sub: Request to approve proposal for organizing a guest lecture.

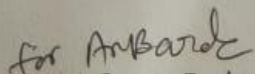
Sir,

College Women Development Cell proposes to organize a guest lecture on "Women Empowerment and Role of Law in India." For that purpose, the Cell has invited the Principal of Law College Dr. Payal Cholera to speak on the topic. As per my conversation with Dr. Payal Cholera the program is finalized on Monday, 08/02/2022.

Approximate expenditure for the program is Rs.5000. Kindly allow us to conduct the program and sanction the said amount.

Thank you.

Yours Sincerely,

  
Mrs. Seema Deshmukh  
Convener WDC

Objectives of the Guest Talk:

6. To make girl students aware of major laws regarding women.
7. To make girl students aware about the power these laws have given them.
8. To be aware of the subtle injustice, inequality and discrimination meted against women in patriarchal set up.

Learning Outcomes:

At the end of the talk women should know

4. The power women laws have bestowed on them.
5. To build confidence among themselves to face the adversity
6. That knowledge is power



Sonopant Dandekar Shikshan Mandalis  
**Sonopant Dandekar Arts, V. S. Apte Commerce  
And M. H. Mehata Science College, Palghar**



Date – 05/02/2022

**NOTICE**

**WOMEN DEVELOPMENT CELL**

Women Development Cell and Internal Complaint Committee of the College has organized a guest lecture on “Women Empowerment and Role of Law in India” by Dr. Payal Cholera, Principal of Sonopant Dandekar Law College.

The talk is arranged on 08<sup>th</sup> Feb 2022 on 10.30 at Ganesh Nilkanth Dandekar Seminar Hall, BMS Building. Girl students are hereby informed to present for the talk and avail its benefits.

*For Ambassador*

Convener WDC  
Mrs. Seema Deshmukh

*Kiran*

Principal  
Dr. Kiran Save





Sonopant Dandekar Shikshan Mandali's

Sonopant Dandekar Arts, V. S. Apte Commerce  
& M. H. Mehta Science College, Palghar

[Best College - University of Mumbai]

[Amongst Top 100 Colleges in India by 'India Today - MDRA Survey 2019']

Dt. 03 Feb. 2022

To,  
Dr. Payal Cholera  
Principal,  
Sonopant Dandekar Law College  
Palghar

Dear Madam,

Re: Invitation as a guest speaker

Women Development Cell and Internal Complaint Committee of the college require organising a lecture on laws related to women.

In this regard, I would like to invite you as an expert to guide on the "Women Empowerment and Role of Law in India". Your long-standing experience and expertise in the field of law will help to broaden girl students' view.

As per your conversation with my colleague Associate Prof. Mrs Seema Deshmukh your lecture is scheduled on Tuesday, 8 Feb, 2022 at 11.00 a.m.

I'm sure you'll accept our invitation and avail yourself on the date mentioned above. I look forward to your visit.

Thank you.

Sincerely Yours,

Dr. Kiran Save  
Principal



Sonopant Dandekar Shikshan Mandali's

Sonopant Dandekar Arts, V. S. Apte Commerce  
& M. H. Mehta Science College, Palghar

(Best College - University of Mumbai)  
(Amongst Top 100 Colleges in India by 'India Today - MDRA Survey 2019')

Dt. 08 Feb 2022

To,  
Dr. Payal Cholera  
Principal,  
Sonopant Dandekar Law College  
Palghar

Dear Madam,

I take this opportunity to thank you for accepting our invitation and making yourself available for delivering an informative talk on "Women Empowerment and Role of Law" in India. Your guidance will help our students in empowering themselves with women's laws.

Sincerely Yours,

Dr. Kiran Save

Principal



**Sonopant Dandekar Shikshan Mandalis**  
**Sonopant Dandekar Arts, V. S. Apte Commerce**  
**And M. H. Mehata Science College, Palghar**



Date – 08/02/2022

**Women Development Cell**

**Guest talk on “Women Empowerment and Role of Law in India”**

**PROGRAMME SCHEDULE**

**Tuesday, 08Feb 2022**

<b>Time</b>	<b>Event</b>	<b>Faculty</b>
<b>10.30 Am</b>	<b>Welcome</b>	<b>Mrs. Seema Deshmukh</b>
<b>10.35 Am</b>	<b>Introduction</b>	<b>Mrs. Seema Deshmukh</b>
<b>10.40 Am</b>	<b>Principal’s Guidance</b>	<b>Dr. Kiran Save</b>
<b>10.45 Am</b>	<b>Introduction of Chief Guest</b>	<b>Dr. Arundhati Barde</b>
<b>10.50 Am</b>	<b>Chief Guest Address</b>	<b>Dr. Payal Cholera</b>
<b>11.30 Pm</b>	<b>Question and Answer Session</b>	
<b>11.35 Pm</b>	<b>Votes of Thanks</b>	<b>Dr. Yogesh Kulkarni</b>

**Report of Guest Lecture on “Women Empowerment and Role of Law in India”**

Firstly, convener Mrs. Seema Deshmukh welcomed the audience and briefly introduced functioning of WDC and ICC. She also explained the purpose of organising this talk. Later Dr. Arundhati Barde introduced the chief guest and handed over the session to Dr. Payal. First she briefly introduced major laws regarding women. Then she related them with the power these laws have given to women against the injustice. She explained the laws and its implementation with particular cases. She also stated that sometimes it's difficult to take help of law in patriarchal setup. She also stated the fact that many educated women are also less aware of the power laws have given them. The program was concluded with Vote of Thanks by Dr. Yogesh Kulkarni.

This guest lecture was supported and guided by Dr. Kiran J. Save (Principal), advised by Prof. Mahesh Deshmukh (IQAC Co-Ordinator & Vice Principal) and Dr. Tanaji Pol (Vice-Principal). The lecture was a great success with 120 participants.



SONOPANT DANDEKAR SHIKSHAN MANDALI'S  
SONOPANT DANDEKAR ARTS, V.S. APTE COMMERCE  
AND M. H. MEHTA SCIENCE COLLEGE PALGHAR

WOMEN DEVELOPMENT CELL

NAME OF THE EVENT: Guest lec on Women's laws

NAME OF THE RESOURCE PERSON: Dr. Payal Cholea

DATE 08/02/2022 TIME 10:30 to 12:00 VENUE BMS Seminar Hall

Sr. No.	Name of the student	Roll No	Sign
1	Sakshi Kisan Kherat	1312	Kherat
2	Disha Prakash patil	1697	Patil
3	Hemisha Bhavsar	1306	Bhavsar
4	Aditya Arun Patil	1668	Patil
5	Vaishnavi Kumbhar	1328	Kumbhar
6	Satoni Narendra Patil	1377	Patil
7	Neha Thakare	1355	Thakare
8	Rupali Gokwad	1351	Gokwad
9	Vaasha phadapa	1360	Phadapa
10	Arpita Vilas Kini	1327	Kini
11	Bhumika Vilas Patil	70024	Patil
12	Esha D. Lade	1486	Lade
13	Vibhuti V. Vanmali	1829	Vanmali
14	Ratnika P. Raut	1376	Raut
15	Shreya Yashraj	1336	Yashraj
16	Shreya Yashraj	1336	Yashraj
17	Santa Hemant Ram	37027	Ram
18	Mansi J. Guptha	70151	Guptha
19	Hiral Rajesh Dubla	37025	Dubla
20	Komal Dipak Dandekar	37028	Dandekar
21	Mamata Ramdada Chavhan	70090	Chavhan
22	Nayana Vinod Pudvale	70067	Pudvale
23	Priya Paragarya	1359	Paragarya
24	Neha Karush	70075	Karush
25	Smriti Prasad	37029	Prasad
26	Hiyashi Shah	1379	Shah
27	Sunju Ram	37027	Ram
28	Tegal Nilesh Bhoir	1648	Bhoir
29	Prachi Dilip Raut	1649	Raut
30	Riya Patil	1346	Patil

*Payal Cholea*



**SONOPANT DANDEKAR ARTS, V.S. APTE COMMERCE  
AND M. H. MEHTA SCIENCE COLLEGE PALGHAR**

**WOMEN DEVELOPMENT CELL**

NAME OF THE EVENT: Guest lecture on Women's laws

NAME OF THE RESOURCE PERSON: Dr. Payal Cholea

DATE 08/02/2023 TIME 10.30 to 12.00 VENUE Seminar Hall, BMS Building

Sr. No.	Name of the student	Roll No	Sign
1	Rupali Gaikwad	1351	Rupali
2	Neha Thakare	1355	Neha
3	Varsha Phadapa	1360	Varsha
4	Varshavi Kumbhar	1328	Varshavi
5	Hansha Bhoysar	1306	Hansha
6	Sakshi Kiran Bhoysar	1312	Sakshi
7	Arpita Vilas Kini	1327	Arpita
8	Huyanshi Shah	1319	Huyanshi
9	Priya Patadiya	1359	Priya
10	Rohit P. Zahedi	37043	Rohit
11	Neha Ramgopal Kumbhar	70075	Neha
12	Sahana E. Khan	37042	Sahana
13	Tanu Shukla	37034	Tanu
14	Jyoti Lakshmi Nuthi	37056	Jyoti
15	Shalini Narendra Patil	1317	Shalini
16	Bhumika Vilas Patil	70024	Bhumika
17	Ratnika P Raut	1376	Ratnika
18	Vibhuti V. Vannmali	1329	Vibhuti
19	Paasha D Lade	1486	Paasha
20	Agasha P Thakur	13487	Agasha
21	Riya D. Patil	1346	Riya
22	Apeksha Thakur	1361	Apeksha
23	Nayana Vinod Padvale	70067	Nayana
24	Mansi C. Bhoir	1363	Mansi
25	Siddhi S. Patil	37064	Siddhi
26	Komal D. Dandekar	37028	Komal
27	Hiral R. Dubla	37025	Hiral
28	Tejal Patil	37063	Tejal
29	Sangli Reem	37027	Sangli
30	Ashwini C. Ahire	502	Ashwini

Anshu

Mrs. Seema Deshmukh  
The Convener  
Women Development Cell  
Sonopant Dandekar College  
Dt: 02/03/2022

To  
The Principal  
Sonopant Dandekar College  
Palghar

Sub: Request to sanction the proposal for Women's Day Celebrations

Sir,

Women Development Cell and NSS Unit of the College is planning to celebrate International Women's Day on 8<sup>th</sup> Mar. Approximate expenditure for the same will be Rs.3000. Kindly allow us to conduct the workshop and sanction the said amount.

Thank you.

*Sanctioned*  
*Kilave*  
*02/03/2022*

*for AnBude*

Mrs. Seema Deshmukh

Convener, WDC





Sonopant Dandekar Shikshan Mandalis

Sonopant Dandekar Arts, V. S. Apte Commerce  
And M. H. Mehata Science College, Palghar



Date – 05/03/2022

## NOTICE

### Women Development Cell (WDC)

Women Development Cell and NSS Unit of the College is celebrating International Women's Day on 8<sup>th</sup> Mar. Selected girl students and girls NSS volunteers are hereby informed to gather at Amalani Rest to leave for further proceedings of the celebrations.

*for Anbarde*

Convener WDC  
Mrs. Seema Deshmukh

*Kiran*

Principal  
Dr. Kiran Save

## Objectives of celebrating International Women's Day:

1. To make girls realise their own existence and celebrate their lives.
2. To be able to understand patriarchal ideology and its effect on their lives.
3. To understand the progress made by real women towards achieving gender equality and women's empowerment
4. To critically reflect on those accomplishments and strive for a greater momentum towards gender equality worldwide.

## Learning outcomes:

At the end of lecture girls should have

1. New insight to look into their own lives.
2. Be able to build sisterhood among themselves.
3. Capacity to think independently.

## International Women's Day:

International Women's Day was celebrated on 8th March 2022. Girl students from various faculties and National Service Scheme volunteers greeted the working women of railway station, vegetable market, police station, dispensary, various shops in Palghar by offering them roses and greetings on the Women's Day. Some of the ladies were surprised by this gesture. Students explained them the importance of International Women's Day.



Mrs. Seema Deshmukh  
The Convener  
Women Development Cell  
Sonopant Dandekar College  
Dt: 03/12/2021

To  
The Principal  
Sonopant Dandekar College  
Palghar

Sub: Request to approve proposal for organizing a workshop.

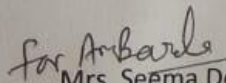
Sir,

College Women Development Cell proposes to organize a workshop on "Yoga for Women". To conduct the workshop, the Cell has invited Dr. Mrs Sapana Jadhav from Dept of Physics. As per my conversation with Dr.Sapana workshop is finalized on Wednesday, 08/12/2021.

Approximate expenditure for the program is Rs.2000. Kindly allow us to conduct the workshop and sanction the said amount.

Thank you.

Yours Sincerely,

  
Mrs. Seema Deshmukh  
Convener WDC

### Objectives of the Workshop:

4. To make students understand the power of Yoga and rich heritage of ancient India
5. To let students, practice mental hygiene.
6. To make students possess emotional stability by integrating body and mind
7. To attain higher level of consciousness.

### Learning Outcomes:

At the end of the workshop girls should

4. know basic skills associated with yoga activities including strength and flexibility, balance and coordination.
5. Know to perform yoga movements in various combination and forms.
6. Know the health benefits of Yoga.



Sonopant Dandekar Shikshan Mandalis  
Sonopant Dandekar Arts, V. S. Apte Commerce  
And M. H. Mehata Science College, Palghar



Date – 05/12/2021

## NOTICE

### WOMEN DEVELOPMENT CELL

Women Development Cell has organized a workshop on “Yoga for Women” by Dr. Sapana Jadhav, a yoga practitioner. The workshop is arranged on 08<sup>th</sup> Dec 2021 on 10.00 a.m. to 12.30 p.m. at Yoga Center. Selected girl students are hereby informed to present for the workshop and avail its benefits.

*For Mrs. Seema Deshmukh*

Convener WDC  
Mrs. Seema Deshmukh

*Kiran Save*

Principal  
Dr. Kiran Save



Sonopant Dandekar Shikshan Mandali's  
Sonopant Dandekar Arts, V. S. Apte Commerce  
& M. H. Mehta Science College, Palghar

(Best College - University of Mumbai)  
(Amongst Top 100 Colleges in India by 'India Today - MDRA Survey 2019')

Dt. 06Dec. 2021

To,  
Dr. Sapana Jadhav  
Assistant Profesor  
Dept of Physics  
Sonopant Dandekar College  
Palghar

Dear Madam,

Re: Invitation as an instructor to conduct the workshop

Yoga and its benefits are recognised worldwide. Women Development Cell of the college requires organising a workshop on "Yoga for Women"

In this regard, I would like to invite you as an expert to conduct a workshop. Your experience and expertise in the field of health and Yoga will make our students practise Yoga in their personal life.

As per your conversation with my colleague Dr. Arundhati Barde Raut, workshop is scheduled on Wednesday, 08th Dec, 2021 at 10.30 a.m.

I'm sure you'll accept our invitation and avail yourself on the date mentioned above. I look forward to your visit.

Thank you.

Sincerely Yours,

Dr. Kiran Save  
Principal,





Sonopant Dandekar Shikshan Mandali's

Sonopant Dandekar Arts, V. S. Apte Commerce  
& M. H. Mehta Science College, Palghar

(Best College - University of Mumbai)

(Amongst Top 100 Colleges in India by 'India Today - MDRA Survey 2019')

Dt. 08 Dec 2021

To,  
Dr. Sapana Jadhav  
Assistant Professor  
Dept of Physics  
Sonopant Dandekar College  
Palghar

Dear Madam,

I take this opportunity to thank you for accepting our invitation and making yourself available for conducting very useful workshop on "Yoga for Women". Your guidance will help our students in understanding yoga and its benefits.

Sincerely Yours,

Dr. Kiran Save

Principal





**Sonopant Dandekar Shikshan Mandalis**  
**Sonopant Dandekar Arts, V. S. Apte Commerce**  
**And M. H. Mehata Science College, Palghar**



Date – 08/12/2021

**Women Development Cell**  
**Workshop on “Yoga for Women”**  
**PROGRAMME SCHEDULE**  
**Wednesday, 08<sup>th</sup> Dec 2021**

Time	Event	Faculty
11.00 am	Welcome	Dr. Arundhati Barde
11.35 am	Introduction	Mrs. Seema Deshmukh
11.40 am	Principal’s Guidance	Dr. Kiran Save
11.45 am	Introduction of Chief Guest	Dr. Yogesh Kulkarni
11.50 am	Conduction of Workshop	Dr. Sapana Jadhav
12.30 pm	Question and Answer Session	
12.35 pm	Votes of Thanks	Prof. Asmita Raut

**Report of Workshop on “Yoga for Women”**

At the outset member of WDC Dr. Arundhati Barde welcomed the guest and the audience. Then Convener Mrs. Seema Deshmukh and briefly introduced the objectives of WDC the purpose of organising the workshop. Later Dr. Yogesh Kulkarni introduced the chief guest and handed over the workshop to Dr. Sapana. She began her workshop by explaining importance of Yoga and its benefits. Then she guided girls on specific asanas for women. Girls students were very enthusiastic while doing yoga poses. Then Dr. Sapana explained the proper method to do pranayama. The program was concluded with Vote of Thanks by Prof. Asmita Raut.

This workshop was supported and guided by Dr. Kiran J. Save (Principal), advised by Prof. Mahesh Deshmukh (IQAC Co-Ordinator & Vice Principal) and Dr. Tanaji Pol (Vice-Principal). The lecture was a great success with 30 participants.

Class	Semester	Total		Division	Intake	Additional Seat	Open		SC		ST		DT		NT		OBC		SBC	
		Male	Female				Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
FYBA	Aided	101	171	2	240	50	41	66	3	15	38	54	1	0	2	1	14	23	2	12
FYBA	Unaided	30	17	1	120	0	9	5	2	2	16	8					3	1	0	1
SYBA	Aided	86	106	2	240	0	25	25	8	6	38	49			2	2	12	19	1	5
SYBA	Unaided	11	2	1	120	0	3	1			7	1							1	0
TYBA	Aided	79	112	2	240	0	39	35	2	8	34	38			0	3	3	22	1	6
TYBA	Unaided	14	4	1	120	0	2	4	2	0	7	0					3	0		
FYBCOM	Aided	103	157	2	240	50	33	60	4	11	14	17	3	4			29	54	20	11
FYBCOM	Unaided	150	117	2	240	0	102	83	0	0	22	11					16	13	10	10
SYBCOM	Aided	110	147	2	240	0	29	41	11	11	4	9	46	51	1	0	14	31	5	4
SYBCOM	Unaided	129	112	2	240	0	66	49	2	2	28	19					25	30	8	12
TYBCOM	Aided	89	151	2	240	0	48	66	4	8	5	10	1	7	7	0	18	48	6	12
TYBCOM	Unaided	119	130	2	240	0	72	76	2	0	18	16	1	0			17	25	9	13
FYBSC	Aided	58	68	1	120	50	10	12	8	5	2	7			8	6	20	31	10	7
FYBSC	Unaided	121	110	2	240	0	47	47	5	6	35	24			2	1	26	27	6	5
SYBSC	Aided	39	62	1	120	0	17	25	2	6	4	4	2	1	4	3	10	20	0	3
SYBSC	Unaided	130	82	2	240	0	55	42	2	3	34	6	0	1	5	3	24	23	10	4
TYBSC	Aided	60	60	1	120	0	39	31	6	8	3	1					12	20		
TYBSC	Unaided	130	109	2	240	0	64	60	4	5	31	19			2	1	29	24		
FYBMS	Unaided	78	60	2	120	24	54	38	3	4	5	5			2	0	12	11	2	2
SYBMS	Unaided	69	50	2	120	0	42	30	9	1	5	4			0	2	9	7	4	6
TYBMS	Unaided	59	52	2	120	0	44	36	1	1	0	1			1	0	11	10	2	4
FYBSC-Biotech	Unaided	14	30	2	70	14	7	16	1	1	3	3			1	1	2	9		
SYBSC-Biotech	Unaided	12	20	2	70	0	8	12	1	2	2	1			0	2	1	3		
TYBSC-Biotech	Unaided	8	28	2	70	0	6	17	0	1	1	3					1	6	0	1
FYBSC-CS	Unaided	44	20	1	60	12	30	10	1	2	5	2			0	1	5	5	3	0
SYBSC-CS	Unaided	42	13	1	60	0	28	5	2	1	1	1			1	0	10	6		
TYBSC-CS	Unaided	32	11	1	60	0	23	7			2	1			1	1	6	2		
FYBSC-IT	Unaided	64	37	2	120	24	40	17	2	3	5	3	0	1	1	3	11	10	5	0

SYBSC-IT	Unaided	53	40	2	120	0	30	27	2	0	7	2	0	0	1	0	10	11	3	0
TYBSC-IT	Unaided	71	23	2	120	0	40	15	1	0	7	2	0	0	3	0	19	3	1	3
FYBCOM-BAF	Unaided	61	59	2	120	24	25	28	1	6	12	5	1	1	2	1	17	13	3	5
SYBCOM-BAF	Unaided	62	62	2	120	0	41	14	3	7	4	8	0	0	0	2	11	19	3	12
TYBCOM-BAF	Unaided	42	71	2	120	0	32	47	2	4	6	2	0	0	0	1	2	16	0	1
FYBCOM-BBI	Unaided	13	28	1	60	12	8	19	1	1	3	2	0	0	0	0	1	5	0	1
SYBCOM-BBI	Unaided	9	9	1	60	0	8	8	0	1	0	0							1	0
TYBCOM-BBI	Unaided	0	0	1	60	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
		2292	2330				1167	1074	97	131	408	338	55	66	46	34	403	547	116	140
FYBCOM	Aided	103	157	2	240	50	33	60	4	11	14	17	3	4			29	54	20	11
FYBCOM	Unaided	150	117	2	240	0	102	83	0	0	22	11					16	13	10	10
FYBCOM-BAF	Unaided	61	59	2	120	24	25	28	1	6	12	5	1	1	2	1	17	13	3	5
FYBCOM-BBI	Unaided	13	28	1	60	12	8	19	1	1	3	2	0	0	0	0	1	5	0	1
		327	361	7	660	86	168	190	6	18	51	35	4	5	2	1	63	85	33	27
SYBCOM	Aided	110	147	2	240	0	29	41	11	11	4	9	46	51	1	0	14	31	5	4
SYBCOM	Unaided	129	112	2	240	0	66	49	2	2	28	19					25	30	8	12
SYBCOM-BAF	Unaided	62	62	2	120	0	41	14	3	7	4	8	0	0	0	2	11	19	3	12
SYBCOM-BBI	Unaided	9	9	1	60	0	8	8	0	1	0	0							1	0
		310	330	7	660	0	144	112	16	21	36	36	46	51	1	2	50	80	17	28
TYBCOM	Aided	89	151	2	240	0	48	66	4	8	5	10	1	7	7	0	18	48	6	12
TYBCOM	Unaided	119	130	2	240	0	72	76	2	0	18	16	1	0			17	25	9	13
TYBCOM-BAF	Unaided	42	71	2	120	0	32	47	2	4	6	2	0	0	0	1	2	16	0	1
TYBCOM-BBI	Unaided	0	0	1	60	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
		250	352	7	660	0	152	189	8	12	29	28	2	7	7	1	37	89	15	26
MA-MARATHI	Part-I	7	15	1	60	12	0	1	0	1	6	10					1	3		
MA-MARATHI	Part-II	14	14	1	60	0	2	1	1	1	10	8			1	1	0	3		

MA-HISTORY	Part-I	18	25	1	60	12	2	2	2	1	9	21			2	1	3	0		
MA-HISTORY	Part-II	23	12	1	60	0	2	1	3	2	18	5					0	4		
MA-POLITICS	Part-I	22	22	1	60	12	2	4	4	1	12	14			0	1	4	0	0	2
MA-POLITICS	Part-II	11	9	1	60	0	0	3	1	0	10	3					0	2	0	1
MCOM-ADVANCE AC	Part-I	43	69	2	120	15	23	40	1	6	8	7	0	0	1	0	9	14	1	2
MCOM-ADVANCE AC	Part-II	22	46	2	120	0	3	22	1	4	14	12					4	5	0	3
MCOM-BUSINESS M	Part-I	14	22	1	60	12	9	16	1	1	3	3	1	2						
MCOM-BUSINESS M	Part-II	7	19	1	60	0	3	8	3	6	1	5								
MSC - CHEMISTRY O	Part-I	20	25	2	40	5	8	6	0	2	7	5			1	1	4	7	0	4
MSC - CHEMISTRY O	Part-II	25	20	2	40	0	10	6	0	0	8	2					5	10	2	2
MSC - CHEMISTRY A	Part-I	20	23	2	40	5	6	3	0	2	9	3			1	2	3	9	1	4
MSC - CHEMISTRY A	Part-II	14	34	2	40	0	4	7	0	2	0	2			0	2	9	19	1	2
MSC - PHYSICS	Part-I	8	7	1	20	4	2	2	1	1	3	2					1	2	1	0
MSC - PHYSICS	Part-II	12	11	1	20	0	6	4	1	1	2	1					3	3	0	2
MSC - BOTANY	Part-I	8	15	1	20	4	0	7			8	8								
MSC - BOTANY	Part-II	8	13	1	20	0	2	3	1	2	5	6					0	2		
MSC - ZOOLOGY	Part-I	12	11	1	20	4	3	5	0	2	6	0			0	1	3	2	0	1
MSC - ZOOLOGY	Part-II	7	10	1	20	0	0	3			7	5					0	2		
MSC - MATHEMATIC	Part-I	14	7	1	20	4	7	2	0	1	6	3					1	1		
MSC - MATHEMATIC	Part-II	12	11	1	20	0	3	5			8	3					1	3		
MSC - BIOTECHNOLC	Part-I	7	10	1	20	4	5	6	2	2	0	0					0	2		
MSC - BIOTECHNOLC	Part-II	11	12	1	20	0	7	9	1	1	1	0			1	1	0	1	1	0
		359	462																	

UG      Male  
             Female